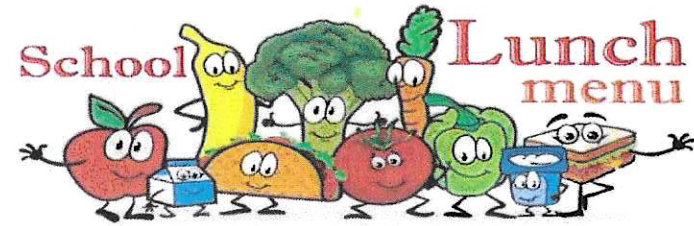


Bright Mind Preschool: June 2023

All meals are served with Water and 1% Milk
 Substitution may be applied, as needed, without notice



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast-Cereal, Fresh Fruit AM Snack- String Cheese, Crackers Lunch- Chicken Nuggets, Corn, Fresh Fruit, Whole Wheat Roll PM Snack- Apple Slices, Crackers	2 Breakfast-English Muffin, Fresh Fruit AM Snack- Cheese Itz Puffs Lunch- Orange Chicken, Rice, Peas, Fresh Fruit PM Snack- Choc. Chip Muffins	3 Breakfast- Cereal, Fresh Fruit AM Snack-Honey Oat Bar Lunch- Hot Dog/ Bun, Green Beans, Fresh Fruit PM Snack – Trail Mix	1 Breakfast- French Toast, Fresh Fruit AM Snack- Go- Gurt, Crackers Lunch- Fish Sticks, Peas, Fresh Fruit, Whole Wheat Roll PM Snack-Apple Chips	2 Breakfast- Cereal, Fresh Fruit AM Snack- Animal Crackers Lunch- Pizza w/ Cheese Topping, Salad, Fresh Fruit PM Snack- Orange Slices, Crackers
5 Breakfast-Cheerios, Fresh Fruit AM Snack- Cucumbers & Dried Fruit Lunch-Cheese Quesadilla, Salad, Fresh Fruit PM Snack- Fruit Salad Crackers	6 Breakfast- Pancakes, Fresh Fruit AM Snack- Carrots & Ranch Lunch- Chicken Noodle Soup/ Veggies, Fresh Fruit, Whole Wheat Roll PM Snack- Choc. Chip Muffins	7 Breakfast- Cereal, Fresh Fruit AM Snack- Cucumbers & Ranch Lunch- Meatballs, Rice, Corn, Fresh Fruit PM Snack- Orange Slices, Crackers	8 Breakfast-Yogurt, Fresh Fruit AM Snack- Chewy Bar Lunch- Ham & Cheese Sandwich, Chips, Peas, Fresh Fruit PM Snack- Apple Cinnamon Straws	9 Breakfast – Cereal, Fresh Fruit AM Snack- Chex Mix Lunch- Pizza w/Cheese Topping, Salad, Fresh Fruit PM Snack- Pirate Booties
12 Breakfast-Cereal, Fresh Fruit AM Snack- Honey Oat Bar Lunch- BBQ Chicken, Mashed Potatoes, Peas, Fresh Fruit PM Snack- Pirate Booties	13 Breakfast-Waffles, Fresh Fruit AM Snack-Orange Slices, Crackers Lunch- Grilled Cheese Tomato Soup, Fresh Fruit PM Snack- Trial Mix	14 Breakfast- English Muffin, Fresh Fruit AM Snack- Apple Cinnamon Bar Lunch- Chicken Taquito, Salad, Fresh Fruit PM Snack- Blueberry Muffin	15 Breakfast-Cereal, Fresh Fruit AM Snack- Chewy Bar Lunch- Pizza w/ Cheese Topping, Salad, Fresh Fruit PM Snack- No Snack	16 CLOSED
19 CLOSED	20 Breakfast- Sausage & Eggs, Fresh Fruit AM Snack-Chewy Bar Lunch- Meatball Sub, Green Beans, Fresh Fruit PM Snack- Applesauce & Ritz Crackers	21 Breakfast- Cereal, Fresh Fruit AM Snack- String Cheese, Crackers Lunch- Beef Sliders, French Fries, Peas, Fresh Fruit PM Snack-Salsa & Chips	22 Breakfast- Wheat Toast/Jelly, Fresh Fruit AM Snack- Go-Gurt, Crackers Lunch- Corn Dog, Peas, Fresh Fruit PM Snack-Graham Crackers	23 Breakfast- Cereal, Fresh Fruit AM Snack- Trail Mix Lunch- Pizza w/Cheese Topping, Salad, Fresh Fruit PM Snack- Fruit Salad, Crackers
26 Breakfast-Cereal, Fresh Fruit AM Snack-Nutrigrain Bar Lunch-Pasta/Sauce, Broccoli, Fresh Fruit PM Snack-Mini Pretzels	27 Breakfast- Oatmeal, Fresh Fruit AM Snack- Chex Mix Lunch-Beef Sliders, Mixed Veggies, Fresh Fruit PM Snack- Trail Mix	28 Breakfast- Wheat Toast, Fresh Fruit AM Snack- Honey Oat Bar Lunch- Chicken Fried Rice/ Veggies, Fresh Fruit PM Snack- Cheese Itz	29 Breakfast- Waffles, Fresh Fruit AM Snack-Apple Slices, Cubed Cheese Lunch- Fish Sticks, Corn, Fresh Fruit, Whole Wheat Roll PM Snack- Yogurt & Fresh Fruit	30 Breakfast- Cereal, Fresh Fruit AM Snack-Animal Crackers Lunch-Pizza / Cheese Topping, Salad, Fresh Fruit PM Snack-Chewy Bar