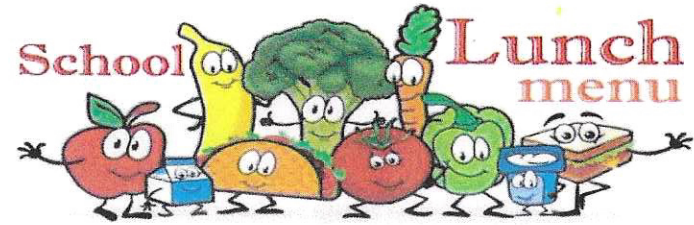


Bright Mind Preschool: February 2023

All meals are served with Water and 1% Milk
Substitution may be applied, as needed, without notice



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>27 Breakfast- Cereal, Fresh Fruit</p> <p>AM Snack- Animal Crackers</p> <p>Lunch- Meatballs, Rice, Green Beans, Fresh Fruit</p> <p>PM Snack- Dried Mago, Crackers</p>	<p>28 Breakfast- Waffles, Fresh fruit</p> <p>AM Snack- Goldfish</p> <p>Lunch-Chicken Taquito, Corn, Fresh Fruit</p> <p>PM Snack- Apple Slices, Cheese</p>	<p>1 Breakfast- Cereal, Fresh Fruit</p> <p>AM Snack- Orange Slices, Club Crackers</p> <p>Lunch- Corn Dog, Peas, Fresh Fruit</p> <p>PM Snack: Choc. Hummus, Pretzels</p>	<p>2 Breakfast- Bagel, Cream Cheese, Fresh Fruit</p> <p>AM Snack- Apple Cinnamon Straws</p> <p>Lunch- Fish Sticks, Peas, Fresh Fruit, Whole Wheat Roll</p> <p>PM Snack- Honey Oat Bar</p>	<p>3 Breakfast- Cereal, Fresh Fruit</p> <p>AM Snack- Fruit Salad, Crackers</p> <p>Lunch: Pizza w/Cheese Topping, Salad, Fresh Fruit</p> <p>PM Snack-</p>
<p>6 Breakfast-Cheerios, Fresh Fruit</p> <p>AM Snack- Dried Fruit, Ritz Crackers</p> <p>Lunch- Fish sticks, Corn, Whole Wheat Roll, Fresh Fruit</p> <p>PM Snack- Animal Crackers</p>	<p>7 Breakfast- Pancake Sausage Stick, Fresh Fruit</p> <p>AM Snack- Cheese-Its</p> <p>Lunch- Corn Dog, Peas, Fresh Fruit</p> <p>PM Snack- Apple Cinnamon Straws</p>	<p>8 Breakfast- Whole Wheat Toast/Jelly, Fresh Fruit</p> <p>AM Snack- Goldfish</p> <p>Lunch- Cheese Quesadilla, Mixed Vegetables, Fresh Fruit</p> <p>PM Snack- Apple Sauce, Ritz Crackers</p>	<p>9 Breakfast-Yogurt, Fresh Fruit</p> <p>AM Snack- Blueberry Muffin</p> <p>Lunch- Beef Sliders, French Fries, Broccoli, Fresh Fruit</p> <p>PM Snack- Fruit Salad, Crackers</p>	<p>10 Breakfast – Cereal, Fresh Fruit</p> <p>AM Snack- Trail Mix</p> <p>Lunch- Pizza w/Cheese Topping, Salad, Fresh Fruit</p> <p>PM Snack- Chewy Bar</p>
<p>13 Breakfast-Cereal, Fresh Fruit</p> <p>AM Snack-Chex Mix</p> <p>Lunch-Chicken Nuggets Peas, Fresh Fruit, Whole Wheat Roll</p> <p>PM Snack-Pirate Booties</p>	<p>14 Breakfast-French Toast w/Lite Syrup, Fresh Fruit</p> <p>AM Snack- V-Day Snack</p> <p>Lunch- Heart Shaped Grilled Cheese, Tomato Soup, Fresh Fruit</p>	<p>15 Breakfast-Bagel, Cream Cheese, Fresh Fruit</p> <p>AM Snack- Nutrigrain Bar</p> <p>Lunch- Chicken Patty, Bun, Mixed Vegetables, Fresh Fruit</p> <p>PM Snack-Salsa & Chips</p>	<p>16 Breakfast-Waffle, Fresh Fruit</p> <p>AM Snack- Graham Crackers</p> <p>Lunch- Teriyaki Chicken, Rice, Corn, Fresh Fruit</p> <p>PM Snack- Trail Mix</p>	<p>17 Breakfast- Cereal, Fresh Fruit</p> <p>AM Snack- Veggie Straws</p> <p>Lunch- Pizza, Salad, Fresh Fruit</p> <p>PM Snack- Fruit Salad, Crackers</p>
<p>20 CLOSED</p>	<p>21 Breakfast- Pancakes, Fresh Fruit</p> <p>AM Snack- Mini Pretzels</p> <p>Lunch- Mac & Cheese, Green Beans, Fresh Fruit</p> <p>PM Snack-Orange Slices, Crackers</p>	<p>22 Breakfast- Egg Patty, Fresh Fruit</p> <p>AM Snack- Go-Gurt, Ritz Crackers</p> <p>Lunch – Ham& Cheese Roll, Peas, Fresh Fruit</p> <p>PM Snack- Chewy Bar</p>	<p>23 Breakfast-English Muffin, Fresh Fruit</p> <p>AM Snack- Applesauce Cups, Ritz Crackers</p> <p>Lunch- Meatball Sub, Vegetable Medley, Fresh Fruit</p> <p>PM Snack-Cheese Its</p>	<p>24 Breakfast- - Cereal, Fresh Fruit</p> <p>AM Snack- Oat Honey Bar</p> <p>Lunch- Pizza w/Cheese Topping, Salad, Fresh Fruit</p> <p>PM Snack- Trail Mix</p>
<p>27 Breakfast- Cereal, Fresh Fruit</p> <p>AM Snack-Animal Crackers</p> <p>Lunch- Hot Dog/Bun, Peas, Fresh Fruit</p> <p>PM Snack- Nutrigrain Bar</p>	<p>28 Breakfast- Wheat Toast, Fresh Fruit</p> <p>AM Snack- Goldfish</p> <p>Lunch- Orange Chicken, Rice, Corn, Fresh Fruit</p> <p>PM Snack- Fruit Salad, Crackers</p>			